

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



Sault College

COURSE OUTLINE

COURSE TITLE: Hair Removal
CODE NO. : EST114 **SEMESTER:** 1
PROGRAM: Esthetician
AUTHOR: Doreen MacFarlane
DATE: Sept. 2008 **PREVIOUS OUTLINE DATED:**
APPROVED: "Angelique Lemay"

CHAIR

DATE

TOTAL CREDITS: 6
PREREQUISITE (S): None
HOURS/WEEK: 6

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*For additional information, please contact the Chair, Community Services,
School of Health and Community Services
(705) 759-2554, Ext. 2603*

I. COURSE DESCRIPTION:

This course will provide students with knowledge of the morphology of the hair, the stages of hair growth, diseases, disorders and syndromes. Students will gain skills in client consultations and will develop the practical skills required for safe and effective hair removal with the application of both soft and hard wax. Emphasis will be placed on carrying out waxing procedures on areas of the face and body with speed and accuracy. Safety and sanitation procedures will be practiced.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Show an understanding of the morphology of the hair and its stages of hair growth.

Potential Elements of the Performance:

- a. Describe the structure of the hair.
- b. Identify the different stages of hair growth.
- c. Describe the different types of hair.

Describe hair diseases, disorders and syndromes

Potential Elements of the Performance:

- a. Describe signs and symptoms of each.
- b. Explain some of the causes of these disorders.

2. Describe the most common methods of home hair removal.

Potential Elements of the Performance:

- a. Describe the effects that various hair removal methods have on the skin, hair and regrowth.
- b. Explain the difference between epilation and depilation.
- c. Describe the advantages and disadvantages of each hair removal method.

3. Describe permanent and semi-permanent hair removal methods.

Potential Elements of the Performance:

- a. Describe the advantages and disadvantages of electrolysis
- b. Describe the advantages and disadvantages of lasers.

4. Describe the different types of wax and their use.

Potential Elements of the Performance:

- a. Describe the different techniques of application and removal of each.
- b. Describe the advantages and disadvantages of each.

5. Prepare a waxing station and treatment area

Potential Elements of the Performance:

- a. Identify waxing equipment and supplies that are needed.
- b. Follow step by step set up procedure
- c. Provide and maintain a clean, safe and organized work area.
- d. Follow safety and sanitation procedures

6. Identify contraindications to waxing.

Potential Elements of the Performance:

- a. Identify drugs that contraindicate with waxing.
- b. Identify health and skin disorders that contraindicate with waxing.
- c. Advise clients of safety precautions to take before and after waxing procedures.

7. Perform professional consultations for male and female clients.

Potential Elements of the Performance:

- a. Conduct self in a professional manner.
- b. Demonstrate effective communication skills.
- c. Identify contraindications
- d. Advise clients of precautions to take before and after a waxing service.
- e. Discuss home care and make recommendations.
- f. Bring in male and female clients for a waxing service.

8. Perform waxing services on various parts of the face and body on male and female clients with the use of soft and hard wax.

Potential Elements of the Performance:

- a. Demonstrate proper setup of treatment area.
- b. Demonstrate proper cleansing, positioning and draping techniques.
- c. Follow step by step procedures for the correct method of applying and removing soft and hard wax.
- d. Provide and maintain a safe, organized and sanitary environment.
- e. Follow sanitation and safety requirements.
- f. Work on timing to carry out waxing procedures with speed & accuracy.
- g. Bring in male and female clients to perform various waxing services on the face and body.

9. Demonstrate preparations and procedures for male waxing.

Potential Elements of the Performance:

- a. Describe the correct shape for men's eyebrows
- b. Describe the correct positioning and techniques involved for a chest and back waxing.
- c. Demonstrate the correct method of applying and removing the wax.

III. TOPICS:

1. Furniture and Accessories
2. Tools and Supplies
3. Sanitation
4. Room Preparation
5. Waxing Contraindications
6. Client Consultations
7. Client Preparation Procedures
8. Soft Wax Application and Techniques

9. Types of Wax
10. Waxing Procedures for the Face and Body
11. Morphology of the Hair
12. Hair Growth Cycle
13. Hair Growth Diseases, Disorders and Syndromes
14. Temporary, Permanent and Semi-permanent Methods of Hair Removal
15. Hard Wax Application and Techniques

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Handouts and Waxing Supplies:

Tweezers, Headband, Hand Towels, Wrap around Gown, Small Scissors, Eyebrow Brush and Pencil

V. EVALUATION PROCESS/GRADING SYSTEM:

Theory 30%

Practical 70%

In Order to Successfully Complete this Course: An 80% attendance is required in order to receive a passing grade.

Attendance and Participation: A penalty of 1% per day absent or not willing to participate will be deducted from your final grade.

Missed Tests: You will not be able to achieve higher than a C grade.

Hair Removal is a Prerequisite for Student Clinic and Practicum Fieldwork

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Communication:

The College considers Web CT/LMS as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the Learning Management System communication tool.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.